

## **YOUR RISK ASSESSMENT – please read carefully.**

### **Please do not attend the practice if:**

You, anyone in your household or anyone you have been in contact with in the last 14 days has tested positive for Covid-19 or has suffered any of the following symptoms:

- **FEVER WITH A TEMPERATURE OVER 37.8 DEGREES CENTIGRADE**
- **A NEW PERSISTANT DRY COUGH**
- **LOSS OF TASTE AND/OR SMELL**
- **SHORTNESS OF BREATH AND BREATHING DIFFICULTIES**
- **EXTREME FATIGUE**

Some patients are in vulnerable groups and if you or anyone in your household has been advised to shield you should consider delaying your visit to the practice until a safer time.

### **Patients at risk from Coronavirus**

There are two groups of people who are at risk:

#### **A. Clinically extremely vulnerable**

1. Solid organ transplant recipients.

2. People with specific cancers:

- People with cancer who are undergoing active chemotherapy
- People with lung cancer who are undergoing radical radiotherapy
- People with cancers of the blood or bone marrow who are at any stage of treatment
- People having immunotherapy or other continuing antibody treatments for cancer
- People having other targeted cancer treatments which can affect the immune system
- People who have had bone marrow or stem cell transplants in the last 6 months, or who are still taking immunosuppression drugs.

3. People with severe respiratory conditions including all cystic fibrosis, severe asthma and severe chronic obstructive pulmonary (COPD).

4. People with rare diseases that significantly increase the risk of infections.
5. People on immunosuppression therapies sufficient to increase risk of infection significantly.
6. Women who are pregnant with significant heart disease, congenital or acquired.

## **B) Clinically vulnerable**

If a patient has any of the following health conditions, they are considered clinically vulnerable, meaning they are at higher risk of severe illness from coronavirus. They are advised to stay at home as much as possible and if they go out to take particular care to minimise contact with others outside their household.

Clinically vulnerable people are those who are:

- Aged 70 or older (regardless of medical conditions)
- Under 70 with an underlying health condition listed below (that is, anyone instructed to get a flu jab each year on medical grounds):
  - Chronic (long-term) mild to moderate respiratory diseases, such as asthma, chronic obstructive pulmonary disease (COPD), emphysema or bronchitis
  - Chronic heart disease, such as heart failure
  - Chronic kidney disease
  - Chronic liver disease, such as hepatitis
  - Chronic neurological conditions, such as Parkinson's disease, motor neurone disease, multiple sclerosis (MS), or cerebral palsy
- Diabetes
- A weakened immune system as the result of certain conditions, treatments like chemotherapy, or medicines such as steroid tablets
- Being seriously overweight (a body mass index (BMI) of 40 or above)
- Pregnant women.